

**Notice of Race (NoR)**

<b>Version</b>	<b>Change made by</b>	<b>Date</b>	<b>Short Description of Major Change</b>
Draft V1.0	JR	12 April '23	First Draft based on 2023 NoR
Draft V2.0	JR, DH	22 April, '23	Sort calendar, move skipper's meeting to May 3, practice race
Draft V3.0	All	8 May, '23	Dates, scoring

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### RACE COMMITTEE 2023:

James Roscoe (Fleet Captain Keel)  
Alan Clough  
Mike Fuessel  
Don Holt (PHRF-LO handicapper)  
Bryce MacKinnon  
Will McCrae (Rear- Commodore)  
Jorg Neufeld (Assistant Scorer)  
Grahame Richardson (Principal Race Officer)  
Alanna Ticknor (Scorer)

**Preamble** The notation '[NP]' in a rule means that a boat may not protest another boat for breaking that rule nor seek Redress. This changes RRS 60.1(a).

Abbreviations:

"FS" means Flying Sails;  
"NFS" means Non-Flying Sails;  
"RC" means the on-the-water Race Committee;  
"NP" means Not-Protestable.

The intention of this Notice of Race is to be in compliance with the RRS 2021-2024 Part 7, Appendix A (Scoring) and Appendix J (content of the Notice of Race and Sailing Instructions).

Any questions, concerns or suggestions for improvement should be addressed to Alan Clough, [CKeel@cobourgyachtclub.ca](mailto:CKeel@cobourgyachtclub.ca)

### 1. Rules

This event is governed by the rules as defined in 2021-2024 Racing Rules of Sailing (RRS) as published by Sail Canada and available at [www.sailing.ca](http://www.sailing.ca) except for those rules altered by this Notice of Race and its Sailing Instructions.

### 2. Sailing Instructions

- 2.1. The sailing Instructions will be available after 08:00 hours on 10 May 2023 on the Club Web-site;
- 2.2. Changes to the Sailing Instructions will be published on the Club Web-site on or before 08:00 hours on the day of the race. An email notification that a change has been made will be sent via the Club's web system; however, failure to send or receive such notification is NP.
- 2.3. The RC may make verbal changes to the Sailing Instructions via VHF Channel 06 on the water.

### 3. Communications

- 3.1. Each boat shall carry a VHF radio capable of communicating on channels 06 (Cobourg Y.C Race Committee), 16 (Emergency) & 68 (Cobourg Marina);
- 3.2. The Race Committee will make courtesy broadcast to competitors on Channel 06;

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3.3. From the first warning signal until the end of the last race of the day], except in an emergency, a boat shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats.

**4. Eligibility and Entry**

- 4.1. The event is open to all boats of members of the Cobourg Yacht Club with a valid [PHRF-LO](#) certificate; such certificate must be presented to the Race Committee by the conclusion of the last race;
- 4.2. The event is also open to all boats with a provisional or “under-renewal” certificate; if the handicap on the final certificate is different from that used to calculate the results of any races, then the handicap on the final certificate will be used to recalculate the results of all races;
- 4.3. All entrants must complete the Racing Application in Appendix A and email the Application to [CKeel@CobourgYachtClub.ca](mailto:CKeel@CobourgYachtClub.ca) 72 hours before the first race being entered;
- 4.4. The Racing Application must be accompanied by the Crew Manifest as per Appendix B.
- 4.5. At the discretion of the on-the-water RC, a boat may be required to supply a crew member to the RC to assist the running of a race; a Roster of boats and dates will be published with the Fleet Splits as part of Appendix A of the Sailing Instructions.

**5. Fees**

Entry fees [including PHRF-LO certificate] for 2023 are \$100.00 Canadian; they can be paid via the link through the CYC web system.

**6. Crew Limitations**

As per PHRF-LO.

**7. Schedule of Races**

Refer to Appendix D.

**8. Scoring and Club Championships**

Refer to Appendix F.

**9. Equipment and Safety**

- 9.1. All boats shall perform the Crew Over-Board drill and submit certification of same by email to [CKeel@CobourgYachtClub.ca](mailto:CKeel@CobourgYachtClub.ca) as per Appendix C;
- 9.2. Compliance with the Safety Requirements as established in the current Transport Canada Safe Boating Guide (refer to Transport Canada Web-site) is required for each boat;
- 9.3. Skippers and other persons helming a boat must have a valid Pleasure Craft Operators Card (P.C.O.C.).
- 9.4. Skippers must have the radio operators certificate known as the Restricted Operators Certificate (Maritime).
- 9.5. It is highly recommended, but not yet required, that skippers review the World Sailing Category 4 safety requirements (refer to World Sailing web-site) and move toward rectifying deficiencies;

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- 9.6. It is highly recommended that at least one person be trained and hold a current certification in Standard First Aid & CPR; this is likely to become a requirement in the future.
- 9.7. Skippers must comply with the requirements for managing concussions (Rowan's Law – refer to Ontario Sailing web-site), skippers must err on the side of caution, retire and seek medical help for the injured person;
- 9.8. Any yacht retiring from a race shall promptly notify the RC boat of her intentions. If a yacht is unable to reach the RC via VHF, a relay should be sent via another yacht;
- 9.9. No yacht shall participate in a CYC sanctioned race with fewer than two persons on board the yacht. Failure to adhere to this rule will result in a score of DSQ.
- 9.10. Yachts racing after sunset are reminded that running lights are required. Yachts finishing after dark must illuminate their sail numbers to have their finish recognized by the R.C. boat.
- 9.11. Each Skipper (Person in Charge) must have on their person or on their boat a copy of the RRS 2021-2024 and this Notice of Race and its Sailing Instructions in printed or electronic form.

**10. Venue**

Races comprising the Wednesday series and the speciality races will be held in an area generally located south of the entrance to Cobourg harbour. For Wednesday night races, the Race Committee boat will anchor and set a start-line in a location that it deems best for setting a Windward/Leeward course. The marks will be tetrahedrons of various colours: yellow/orange/pink; the on-the-water Race Committee will announce the colour of the windward mark on VHF Radio Channel 6 (see paragraph 3.1).

**11. Courses**

**11.1. All Wednesday Series:**

- 11.1.1. Races shall consist of a varying number of legs on a Windward – Leeward course. For FS Fleets, when possible, there will be an equal number of windward and leeward legs. The windward leg will be approximately 0.75nm or shorter (0.5nm) in light winds or longer in stronger winds (1.00nm) at the discretion of the RC; variances in the length of the windward leg and number of legs are not subject to Protest (NP).
  - 11.1.2. All marks are rounded "Buoys to Port", except upon finishing;
  - 11.1.3. For both FS and NFS Fleets the number of legs will be posted on the RC boat according to the Fleet colour. See Appendix A of the Sailing Instructions.
  - 11.1.4. For Wednesday night racing the NFS Fleet(s) will normally sail a windward leg, a leeward leg and a (final) windward leg.
- 11.2. Point-to-Point Races will use a system of fixed marks; the sequence of mark rounding's will be established on the day of the race depending on conditions:
- 11.2.1. Mark 1 is the Cobourg Water Treatment Inlet Mark, toward the eastern side of the Victoria Beach at approximately 43 56'56N 078 09.02W;
  - 11.2.2. Mark 2 is the Cobourg Waste Water treatment plant outlet near Lucas Point at approximately 43 57'14N 078 07'06W. It is highly recommended that boats consult their charts regarding safe depth before rounding this mark; a tetrahedron may be used to replace this mark;

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- 11.2.3. Mark 3 is the Cardinal Buoy at Peters Rock Mark is located at approximately 43 56'06N 078 14'29W. It is highly recommended that boats consult their charts regarding safe depth before rounding this mark;
- 11.2.4. For safety reasons, inshore Marks will be rounded so that the resulting direction after the mark rounding is offshore: Mark 2 is rounded to Starboard, Mark 3 to Port.
- 11.3. The Curtis Cup, Double-Handed Race and Peter's Rock Race will be Point-to-Point Races; the Countess of Dufferin Race is intended to be a series of 1 to 3 Windward/Leeward races (similar to 11.1) but maybe Point-to-Point depending on RC availability.

**12. Penalty System**

Refer to RRS Rule 44. Rule 44.3 does not apply.

**13. Haul-Out, Diving Equipment and Plastic Pool Restrictions**

None.

**14. Risk Statement**

RRS 3 states: 'The responsibility for a boat's decision to participate in a race or to continue to race is hers alone.' By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury. **Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia or other causes.**

**15. Insurance**

Each participating boat shall be insured with valid third-party liability insurance with a minimum coverage of \$2,000,000 Canadian (Two Million Dollars Canadian) per incident or the equivalent.

**16. DISCLAIMER OF LIABILITY**

**Competitors participate in racing entirely at their own risk (see RRS rule 3, decision to race in RRS), CYC will not accept any liability for material damage or personal injury or death.**



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**Appendix A**

**Racing Application:**

Boat Name: \_\_\_\_\_

Skipper's Name: \_\_\_\_\_

Skipper's Contact info: Phone # \_\_\_\_\_

Email \_\_\_\_\_

PHRF-LO Rating: \_\_\_\_\_

**Select which races that will be entered:**

Wednesday Series 1       Flying Sails or     No Flying Sails

Wednesday Series 2       Flying Sails or     No Flying Sails

Curtis Cup                 Flying Sails or     No Flying Sails

Peter's Rock               Flying Sails or     No Flying Sails

Double Handed Race       Flying Sails or     No Flying Sails

Countess of Dufferin Race  Flying Sails or     No Flying Sails

Note. The choice of FS or NFS by race is to help with crew availability. However, Club Championships are for FS and NFS separately and results will not be combined across FS and NFS. See Appendix F, Scoring.

PHRF-LO Certificate #: \_\_\_\_\_

Make/Model of boat: \_\_\_\_\_ Sail #: \_\_\_\_\_ Alternate Sail # \_\_\_\_\_

I agree to be bound by the Racing Rules of Sailing 2021-2024, the CYC Notice of Race and Sailing Instructions and by all other rules that govern these events. I am familiar with the 2021-2024 Racing Rules of Sailing, and have read and understand the current CYC Race Instructions & Program. Furthermore, unless the rating for my yacht is revised by PHRF-LO during the course of the current racing season, I agree that the above rating will be applied to my yacht for all CYC races in which I will be participating this season.

There is a \$50.00 Registration Fee. Skippers will be invoiced through the CYC billing system and is due upon receipt of invoice. The fee may be pro-rated at the discretion of the RC.

Date: \_\_\_\_\_ Signed: \_\_\_\_\_

EACH APPLICATION SUBJECT TO RACE COMMITTEE APPROVAL

**Must be submitted by email to [CKeel@CobourgYachtClub.ca](mailto:CKeel@CobourgYachtClub.ca) 72 hours before the first race entered**



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#### **Appendix B**

#### **Crew Manifest:**

The crew manifest will be used in the event of an emergency involving your boat.

Name	E-Mail	Emergency Telephone Number

**Must be submitted by email to [CKeel@CobourgYachtClub.ca](mailto:CKeel@CobourgYachtClub.ca) 48 hours before the first race entered**

It is the Skippers responsibility to keep this document up-to-date by submitting revisions as and when needed.



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**Appendix C**

**Crew Over Board Drill and safety equipment review**

Boat Name: \_\_\_\_\_

Sail #: \_\_\_\_\_

As skipper, I have reviewed with my crew the safety features on my boat and the location of the various safety devices (PFDs, current flares, VHF radio, bailing bucket / bilge pump, fire extinguisher, waterproof flashlight, emergency plugs for through-hulls, knife for cutting lines, device to cut mast shrouds, crew-overboard pole/throwing buoy, life ring, etc.)

Skipper and Crew have completed a crew overboard drill on \_\_\_\_\_ (date)

Skipper's Name: \_\_\_\_\_

Skipper's Signature \_\_\_\_\_

**Must be submitted by email to [CKeel@CobourgYachtClub.ca](mailto:CKeel@CobourgYachtClub.ca) before 28 June 2023**



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**Appendix D**

**Schedule of Races**

Barren Preparation Work Party #1		April 30 <sup>th</sup>
Pre-Season Skippers Meeting		May 3 <sup>rd</sup>
CYC Lift In		May 6 <sup>th</sup>
Barren Preparation Work Party #2		May 7 <sup>th</sup>
Skipper's Meeting		May 10 <sup>th</sup>
Starting Practice	Monday	May 15 <sup>th</sup>
Wednesday Night Series 1	Race 1	May 17 <sup>th</sup>
Wednesday Night Series 1	Race 2	May 24 <sup>th</sup>
Wednesday Night Series 1	Race 3	May 31 <sup>st</sup>
Wednesday Night Series 1	Race 4	June 7 <sup>th</sup>
<i>Sail-Past</i>	<i>Sunday</i>	<i>June 11<sup>th</sup></i>
Wednesday Night Series 1	Race 5	June 14 <sup>th</sup>
Wednesday Night Series 1	Race 6	June 21 <sup>st</sup>
Peters Rock	Saturday	June 24 <sup>th</sup>
Wednesday Night Series 1	Race 7	June 28 <sup>th</sup>
Wednesday Night Series 1	Race 8	July 5 <sup>th</sup>
Wednesday Night Series 1	Race 9	July 12 <sup>th</sup>
PR Special	Wednesday	July 19 <sup>th</sup>
Curtis Cup	Saturday	July 22 <sup>rd</sup>
Wednesday Night Series 2	Race 1	July 26 <sup>th</sup>
Wednesday Night Series 2	Race 2	August 2 <sup>nd</sup>
Wednesday Night Series 2	Race 3	August 9 <sup>th</sup>
Double Handed Race	Saturday	August 12 <sup>th</sup>
Wednesday Night Series 2	Race 4	August 16 <sup>th</sup>
Wednesday Night Series 2	Race 5	August 23 <sup>th</sup>
Wednesday Night Series 2	Race 6	August 30 <sup>st</sup>
Wednesday Night Series 2	Race 7	September 6 <sup>th</sup>
Countess of Dufferin <sup>1</sup>	Saturday	September 9 <sup>th</sup>
Wednesday Night Series 2	Race 8	September 13 <sup>th</sup>
Wednesday Night Series 2	Race 9	September 20 <sup>th</sup>
CYC Lift Out 1 <sup>2</sup>		September 30 <sup>th</sup>
Barren Haul-out preparation		October 14 <sup>th</sup>
CYC Lift Out 2 <sup>3</sup>		October 21 <sup>st</sup>
Barren Haul-out and Winterization (1)		October 21 <sup>st</sup>
Barren Haul-out and Winterization (2)		October 28 <sup>th</sup>

The start sequence for all Wednesday races will commence at 18:15 hours except for Wednesday races from August 12<sup>th</sup> onward which shall commence at 18:00 hours.

<sup>1</sup> A regatta day with 3 races planned

<sup>2</sup> Tentative; To be confirmed



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**Appendix E**

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**Appendix F**

**Scoring and Club Championships**

1. **There will be two Divisions; one for Flying Sails (FS) boats and one for Non-Flying Sails (NFS) boats. Each Division will have one or more Fleets. Each Division will have an overall club champion.** In Wednesday Series racing and Speciality races scoring will be at the Fleet level.
2. For Wednesday night racing, finishing times will earn points as follows; 1<sup>st</sup> = 1 point, 2<sup>nd</sup> = 2 points, 3<sup>rd</sup> = 3 points, etc. For all races the Low Points system will be used.
3. Scoring abbreviations see Appendix A, item A10 in the 2021 - 2024 RRS. Boat will be scored as follows: OCS, UFD, BFD, DNS, NSC, DNF, RET = Number of boats sailing in the race for the fleet + 1. DNC, DSQ, DNE = Number of boats registered in fleet for series + 1.
4. Wednesday night Series scoring will be based on a minimum of five races series. Should fewer than five races be completed, the series will be cancelled but the completed races will apply to determine Wednesday Series overall champion and the overall club champions. No make-up races will be held.
5. Throw-outs for Wednesday Night series will be calculated as follows: 5 races or fewer, no throw-outs, 6 or 7 races, 1 throw-out, 8 or 9 races, two throw-outs.
6. The Wednesday series the overall champion for each fleet will be determined by the best twelve (12) race scores from series 1 and 2 combined.
7. The Club Champions for each Division will be determined by the RC based on points earned as follows:
  - a. Wednesday Series 1: 25 points;
  - b. Wednesday Series 2: 25 points;
  - c. Bonus Points:
    - i. Peter's Rock Race: 3 Bonus points for 1<sup>st</sup>, 2 points for 2<sup>nd</sup>, 1 point for all participants;
    - ii. PR Special Race: 3 Bonus points for 1<sup>st</sup>, 2 points for 2<sup>nd</sup>, 1 point for all participants;
    - iii. Double-handed race: 3 Bonus points for 1<sup>st</sup>, 2 points for 2<sup>nd</sup>, 1 point for all participants;
    - iv. Curtis Cup: 5 Bonus points for 1<sup>st</sup>, 4 points for 2<sup>nd</sup>, 3 points for 3<sup>rd</sup>, 1 point for all participants;
    - v. Countess of Dufferin: 5 Bonus points for 1<sup>st</sup>, 4 points for 2<sup>nd</sup>, 3 points for 3<sup>rd</sup>, 1 point for all participants.

A maximum of 50 points plus 16 bonus points are available to each boat; distribution based on finish position in each Wednesday Night Series:

1<sup>st</sup> = 100% of maximum, 2<sup>nd</sup> = 90% of maximum, 3<sup>rd</sup> = 80% of maximum ... 10<sup>th</sup> = 10% of maximum.

Ties will be broken based on: Overall Wednesday series finish, and finally, one of the specialty races.

8. Breaking Ties:
  - a. For Curtis Cup, Peter's Rock, PR Special and Double Handed Series refer to RRS Appendix A, A7;
  - b. For Wednesday Night Race Series: refer to RRS Appendix A, A8;
  - c. For Countess of Dufferin: if the race is a Series, then refer to RRS Appendix A, A8, if its point-to-point then refer to RRS Appendix A, A7.



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9. In an event where no boats in a Fleet finish then that event will be discarded for that Fleet as if the event never occurred. That is, RRS 35 & Rule 90.3 (a) will apply at the Fleet level and not at the Division level nor across Divisions.

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### Appendix G

#### Alternate Start and Finish Lines when no RC is available.

In the absence of an RC boat, the methods of start and finish must be announced on Channel 6 before the commencement of the Start sequence and/or at a Skippers meeting prior to the event.

#### Start Line

1. A Rabbit start shall be used for Windward/Leeward courses; it can be used in other events if appropriate. The Rabbit will be the slowest boat racing as determined by PHRF-LO handicap, that is the boat with the numerically largest handicap number. The Rabbit will announce the time sequence as per paragraph 11.1 on VHF Channel 6, and use an air horn for the sound signals if one is available; discrepancies in precision shall not be grounds for protest (NP). The Rabbit shall sail on Port Tack and immediately after closely passing the starting mark at the Start of Race signal, shall sail close-hauled on port tack thereby creating a start line between the starting mark and the stern of the Rabbit; in the event of a Port/Starboard situation (Rule 10) during the start and involving the Rabbit, the Rabbit will be exonerated without penalty; this does not relieve any boat of its obligations under Rule 14 (Avoiding Contact). All other boats shall start on Starboard tack. The Rabbit is free to tack subject to all applicable conditions of the RRS when it has created a start line of approximately (the number of boats competing multiplied by their average boat length), or all boats have crossed its stern, whichever comes first.
2. For a point-to-point race a start line can be made by using a line made from a fixed position on shore and floating marker buoy (For example using Mark 1 and a fixed position on Shore) A designated boat will announce the time sequence as per paragraph 11.1 on VHF Channel 6, and use an air horn for the sound signals if one is available; discrepancies in precision shall not be grounds for protest.
3. The absence of Flags (Fleet, Preparatory) shall not be grounds for protest. The above items modified RRS 26 and, when used, are NP.
4. Note: the RRS Definition of Start is not and cannot be changed.

#### Finish Line

1. For windward/leeward courses boats will finish when they have successfully rounded the finish mark by the bow of the boat crossing the extension of a line drawn between the previous mark and the finish mark. Boats are responsible for noting their finish times in either elapsed time or 24 hour EDT in hours, minutes and seconds and communicating that time to the RC.
2. For point-to-point races a finish line can be made by using a line from a fixed position on shore and a floating marker buoy. Irrespective of whether or not the race is buoys to port or buoys to starboard, in this circumstance, Boats shall finish within a boat length abeam of the floating mark. Boats are responsible for noting their finish times in either elapsed time or 24 hour EDT in hours, minutes and seconds and communicating that time to the RC.



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Note: the RRS Definition of Finish is not and cannot be changed.